

6th Clinical Update Sleep 10 February 2023		
08.15 – 08.55	Registration, refreshments and exhibitor viewing, Platt Room	
	Seligman Theatre	Council Chamber
08.55 – 09.00	Welcome Professor Joerg Steier, Consultant, Guys and St Thomas' NHS Foundation Trust	
09.00 – 10.30	SESSION ONE (1) SLEEP-DISORDERED BREATHING I (ANDANTE) Chairs: Esther Schwarz, Gianfranco Parati Speakers: Martino Pengo, Esther Schwarz, Gianfranco Parati	SESSION ALPHA (A) INSOMNIA Chairs: Alanna Hare, Chris Miller Speakers: Megan Crawford, Chris Miller, Jasvinder Singh Kaler
10.30 – 11.00	Refreshment break, Platt Room	
11.00 – 12.30	SESSION TWO (2) SYMPTOM CONTROL Chairs: Laura Carbonell-Perez, Alex Iranzo Speakers: Guy Leschziner, Alex Iranzo, Elaine Lyons	SESSION BETA (B) CLINICAL OUTCOMES Chairs: Ivana Rosenzweig, Martino Pengo Speakers: Renata Riha, Ivana Rosenzweig, Silke Ryan
12.30 – 14.00	Lunch, Platt Room 13.00 – 14.00 Keynote Lecture (Seligman Lecture Theatre)	
14.00 – 15.30	SESSION THREE (3) SLEEP-DISORDERED BREATHING II (CPAP AND NON-CPAP THERAPIES) Chairs: Amanda Sathyapala, Winfried Randerath Speakers: Winfried Randerath, Chris Turnbull, Amanda Sathyapala	SESSION GAMMA (Γ) PARASOMNIAS AND CIRCADIAN RHYTHM Chairs: David O'Regan Speakers: David O'Regan, Malcolm Von Schantz, Panagis Drakatos
15.30 – 16.00	Refreshment break, Platt Room	
16.00 – 17.30	SESSION FOUR (4) HOT TOPICS AND CLINICAL TRIALS Chairs: Jean-Louis Pepin, Becky D'Cruz Speakers: Jean-Louis Pepin, Deeban Ratneswaran, Swapna Mandal	SESSION DELTA (Δ) BRITISH SLEEP SOCIETY SYMPOSIUM Chairs: Megan Crawford, Shruthi Konda Speakers: Nicola Read, Martin Allen, Thomas Penzel
17.30 – 17.35	Take home messages/announcements	

Registration – please plan your trip ahead of the day to avoid late arrival (www.rcplondon.ac.uk/visit-us)

The content of this programme was correct at publishing. We apologise if due to unforeseen circumstances or late amendments the arrangements on the day will slightly differ from the final version.