

**Event:** Towards Holistic Management of Narcolepsy for Children and Young People – Evelina Sleep Academy

**Date:** 16 July 2021

**Course Director:** Professor Paul Gringras

## Towards Holistic Management of Narcolepsy for Children and Young People – Evelina Sleep Academy UCB Date: Friday 16 July 2021

Time	Session and learning objectives	Speaker(s)	Format
1:00 – 1:10pm	<b>Welcome, housekeeping introductions, overview of learning objectives and program</b>	Prof Paul Gringras	Presentation and welcome note
1:10 – 1:40pm	<b>Establishing paediatric narcolepsy diagnostic facilities</b> <ul style="list-style-type: none"> <li>- Home from Home.</li> <li>- From Ground Zero to a Critical Mass</li> </ul>	Prof Heather Elphick Jane Orgill	Presentations
1:40 – 2:25pm	<b>Managing Narcolepsy in Children and Young People:</b> <ul style="list-style-type: none"> <li>- Diagnostic Dilemmas</li> <li>- Peer support workshops</li> <li>- Young experts by experience</li> </ul>	Dr Des Joseph Mary-Kate Delahoyde TBA	Presentations
2:25 – 2:35pm	<b>Q&amp;A</b> interactive session will allow local services to share their challenges and gain insight from the faculty	Prof Paul Gringras and faculty	
2:35 – 2:45pm	<b>Break</b>		
2:45 – 3:00pm	<b>NHS – E New Commissioning Guidance for Sodium Oxybate in Paediatrics</b> <ul style="list-style-type: none"> <li>- The science, the service requirements, the practice</li> </ul>	Prof Paul Gringras	Presentations
3:00 – 3:45pm	<b>Optimising patient management</b> <ul style="list-style-type: none"> <li>- Meet S.L.E.E.P (Sleep lifespan electronic data entry portal)</li> <li>- Why every sleep service needs a dedicated nurse</li> <li>- Why every sleep service needs a dedicated pharmacist</li> </ul>	Prof Paul Gringras Janine Reynolds Elaine Lyons	Presentations
3:45 – 4:00pm	<b>Q&amp;A and summing up</b>	Whole faculty Prof Paul Gringras	
4:00pm	<b>Close</b>		

Notes: UCB has provided financial support for this meeting, but had no control or decision over the agenda, speakers or delegates.

BOOK YOUR PLACE HERE: <https://www.eventbrite.co.uk/e/holistic-management-of-narcolepsy-for-children-and-young-people-tickets-158896376339>

MORE DETAILS HERE: <https://www.guysandstthomasevents.co.uk/holistic-management-of-narcolepsy/>



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