

## CLINICAL UPDATE SLEEP 19<sup>th</sup> March 2021

Online conference

	Stream 1	Stream 2
<b>08.45 – 09.00</b>	<b>Online registration</b>	
<b>09.00 – 09.05</b>	<b>Welcome</b>	
<b>09.05 – 10.30</b>	<b>SESSION ONE (1)</b> SLEEP-DISORDERED BREATHING I	<b>SESSION ALPHA (A)</b> INSOMNIA
	<i>Chair 1</i> <i>Esther Schwarz</i>	<i>Chair 1</i> <i>Simon Kyle</i>
	<i>Chair 2</i> <i>Gianfranco Parati</i>	<i>Chair 2</i> <i>Hugh Selsick</i>
	Speaker 1     Silke Ryan	Speaker 1     Allie Hare
	Speaker 2     Esther I Schwarz	Speaker 2     Simon Kyle
Speaker 3     Gianfranco Parati	Speaker 3     Kirstie Anderson	
<b>10.30 – 11.00</b>	<b>Comfort break / optional sessions</b>	
	<b>Morning seminar</b>  <b>Joerg Steier</b>  <b>Bhik Kotecha</b>	<b>10.30-10.40</b> <b>Workshop</b>  Sleep and Pulmonary Hypertension Jenny Bacon and Philip Marino
<b>11.00 – 12.30</b>	<b>SESSION TWO (2)</b> HYPERMOMNIAS	<b>SESSION BETA (B)</b> SLEEP AND FUNCTION
	<i>Chair 1</i> <i>Guy Leschziner</i>	<i>Chair 1</i> <i>Ivana Rosenzweig</i>
	<i>Chair 2</i> <i>Gert Jan Lammers</i>	<i>Chair 2</i> <i>Pierre-Herve Luppi</i>
	Speaker 1     Guy Leschziner	Speaker 1     Pierre-Herve Luppi
	Speaker 2     Gert Jan Lammers	Speaker 2     Alexander Nesbitt
Speaker 3     Jasvinder Singh Kaler	Speaker 3     Johan Meurling	
<b>12.30 – 12.45</b>	<b>Comfort break</b>	
<b>12.45 – 13.45</b>	<b>KEYNOTE LECTURE (12.45 – 13.45)</b>	
	<i>Introduction</i> <i>Joerg Steier</i>	
	<i>Speaker</i> <i>Walter McNicholas</i>	
<b>13.45 – 14.00</b>	<b>Comfort break</b>	

14.00 – 15.30	<b>SESSION THREE (3)</b> SLEEP-DISORDERED BREATHING II	<b>SESSION GAMMA (Γ)</b> PARASOMNIA
	<i>Chair 1 Renata Riha</i>	<i>Chair 1 Panagis Drakatos</i>
	<i>Chair 2 Christoph Schöbel</i>	<i>Chair 2 Sofia Eriksson</i>
	Speaker 1 Renata Riha	Speaker 1 Panagis Drakatos / David O'Regan
	Speaker 2 Carolina Lombardi	Speaker 2 Sofia Eriksson
	Speaker 3 Christoph Schöbel	Speaker 3 Rex Muza
15.30 – 16.00	<b>Comfort break / optional sessions</b>	
	<b>Sponsored Symposia – Jazz</b>	<b>15.30-15.50 Workshop</b> Sleep and Motor Neuron Disease Michelle Ramsay and Georgios Kaltsakas
16.00 – 17.20	<b>SESSION FOUR (4)</b> HOT TOPICS and CLINICAL TRIALS	<b>SESSION DELTA (Δ)</b> BRITISH SLEEP SOCIETY SYMPOSIUM
	<i>Chair 1 Anita Simonds</i>	<i>Chair 1 Lizzie Hill</i>
	<i>Chair 2 Renaud Tamisier</i>	<i>Chair 2 Tim Quinnell</i>
	Speaker 1 Patrick Murphy	Speaker 1 Lizzie Hill
	Speaker 2 Renaud Tamisier	Speaker 2 Michele Hu
	Speaker 3 Sophie West	Speaker 3 Dieter Riemann
	Speaker 4 Martino Pengo	Speaker 4 Joerg Steier
17.20 – 17.30	<b>Take home message / announcements</b>	

Registration – please ensure you have a zoom account, you will need to log in with the same email address that you purchased your ticket with on eventbrite

The content of this programme was correct at January 2021. We apologise if due to unforeseen circumstances or late amendments the arrangements on the day will slightly differ from the published version.