



Visiting Professional Programme: Bladder Cancer Care

Introduction

Guy's and St Thomas' NHS Foundation Trust is introducing a Mini Nursing Fellowship in Bladder Cancer Care. This one week intensive nursing fellowship in bladder cancer care is located at a high-volume tertiary referral bladder cancer service in London. It offers a unique opportunity for the nurse fellow to observe and enhance their knowledge in specialist urological and bladder cancer nursing skills within a multidisciplinary and clinically diverse environment.

The aim of the fellowship is to provide a supervised learning environment and professional development opportunities within our busy tertiary referral bladder cancer practice. Guy's and St. Thomas' NHS Foundation Trust manages over 500 bladder cancer patients each year and offers a holistic bladder cancer practice spanning non-muscle invasive disease, muscle invasive disease and patients with metastatic disease requiring palliation. Services offered include a dedicated one-stop service, nurse led flexible cystoscopy, intravesical therapies including Mitomycin-C (passive and electromotive) and BCG administration, open and robotic cystectomy, continent and incontinent urinary diversion techniques, radiation oncology, medical oncology, psychology, enhanced recovery pathways, clinical trials delivery and more.

As part of the mini-fellowship programme, you will be welcomed and accepted as a part of the specialist nursing team and will be able to observe the interactions of a multidisciplinary team managing bladder cancer patients on a day-to day basis. Please note that fellowships can be tailored to individual learning requirements, interests and needs.

It is encouraged that following your fellowship period, in addition to learning from our service, you share your knowledge with us so we may learn from you. We encourage you to remain in contact as part of a wider specialist bladder cancer nurse community and would like you to relay your experiences or changes implemented following your return to your host institution.

Who should attend?

This programme is intended for nurses who have a special interest in bladder cancer or whom want to develop their skills further within bladder cancer nursing.

Duration

Four one-week fellowship positions are awarded each calendar year (approx. once every four months). For more information regarding the fellowship and to request an application form, please contact:

Ms. Kathryn Chatterton
Specialist Nurse in Bladder Cancer
Guy's & St. Thomas' NHS Foundation Trust
Kathryn.Chatterton@gstt.nhs.uk

Overall aims

We will ask visiting professionals to outline specific learning objectives and we will aim to tailor the fellowship to meet these, including observation and active participation in the multitude of nurse led services, clinics and procedures.

Opportunities include:

- Observation of urological surgical procedures including endoscopic, laparoscopic, robot-assisted and open cases
- General outpatient / One Stop Clinics
- Specialist Bladder Cancer Clinic/Upper Tract Urothelial Carcinoma MDT and Clinic
- Nurse Led Flexible Cystoscopy Clinic
- Nurse Led Intravesical Treatment Clinics
- Patient Focus Groups and Educational Sessions
- Radiation Therapy and Radiology Practice
- Systemic Chemotherapy/immunotherapy
- Functional Urology Including urodynamics, Botulinum toxin injection sessions and Incontinence Clinics (if required – will be made available)
- Sexual health and post cystoprostatectomy/prostatectomy erectile dysfunction clinics
- Proactive Care of Older People (POPS)
- Stoma input with patients
- Dimpleby service at Guy's
- Clinical Trial / Research Support Services

Learning objectives

Bladder Cancer (Anatomy/Physiology/Pathology)

- Develop an understanding of urethral, bladder, and renal anatomy required for specialist urological nursing practice
- Understand basic physiology of bladder function and consequences of altered/dysfunctional bladder in males and females
- Further ones understanding of bladder and upper tract urothelial cancer, understanding risk factors, prognostic factors and rationale of treatment

Non-Muscle Invasive Bladder Cancer

- Develop an understanding of disease management, recurrence and progression including staging and classification systems
- Understand the treatments recommendations of Ta, T1 tumours and CIS according to risk stratification
- Comprehension of the surgical management strategies including radical cystectomy for NMIBC

Muscle Invasive Bladder Cancer

- Understand radical surgical options available and reconstruction techniques (Radical cystectomy, ileal conduit, neobladder, mitrofanoff)
- Develop an understanding of the complex management pathways of patients, pre, intra and post-operatively
- Overview of Guy's enhanced recovery program
- Knowledge of the importance of POPS assessment

Metastatic Bladder Cancer

- Diagnostic evaluation, disease management and psychological implications of metastatic disease diagnosis
- Prognostic factors and treatment decisions and end of life planning
- Role of immunotherapy
- Adjuvant treatments available and when is it appropriate to stop treatment?
- Recommendations for the use of biomarkers

Upper Tract Urothelial Carcinoma

- Understand the relationship between upper tract urothelial carcinoma and bladder cancer
- Develop an understanding of treatment modalities required to manage upper tract urothelial carcinoma
- Understand follow-up regimens for the lower tract in patients with upper tract urothelial carcinoma and the role of the specialist nurse in managing these patients

Intra-vesical Treatment Administration

- Understanding modes of intravesical therapies including the Di Stasi regimen
- Understand the difference between passive and active (device assisted drug delivery) Mitomycin C
- Understand options for BCG failure and indications for primary cystectomy
- Familiarise self with treatment recommendations for BCG failure and recurrences after BCG and follow-up

Nurse Led Flexible Cystoscopy Surveillance

- Learning how to run a robust nurse-led Flexible cystoscopy service
- Develop strategies to manage risk and uncertainty during cystoscopy
- Recommendations for follow-up patients after TURBT

Holistic Bladder Cancer Care

- Introduction to holistic needs assessment (HNA) and how it works
- Overview understanding of care pathways individualised to patients needs
- Observation of Dimbleby Centre and services

Sample timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM	Intro with KC/RN	Theatres cystectomy (this can be swapped with Monday)	8-9 ward round with Mr Nair 9-10 POPS round	Oncology clinic	Upper Tract & Bladder Cancer MDT	Optional: Operating Theatre
	Chemotherapy clinic /		Enhanced recovery clinic		Bladder Cancer Clinic	
PM	Nurse led Flexible cystoscopy clinic / POPS	Dimbleby centre / Research and bio banking	Erectile dysfunction Tabard house	One stop clinic – haematuria / Bladder cancer support group	Specialist Bladder Clinics (Radiation Cystitis/Upper Tract/Flexi-Laser Tumour Ablation)	Optional: Operating Theatre
					Stoma Care/Management Clinic	

Bladder Cancer service

Guy's Hospital has a well-developed clinical and academic interest in bladder cancer, with a high-volume tertiary referral practice in robotic cystectomy. The department pioneered the introduction of robotic cystectomy in the UK and in 2017 over 80 cystectomies were performed. The team also has well developed clinical expertise in bladder conservation with innovative programmes in photodynamic cystoscopy, en-bloc resection and sequential intravesical EMDA chemo-immunotherapy. Clinical research programmes exist in all areas of bladder cancer and our work has been published on cystectomy, PDD, novel methods of TURBT, intravesical therapy, and PET scanning. Specialist bladder services provided include a dedicated upper tract urothelial carcinoma service, management of radiation cystitis, salvage cystectomy, redo-ileal conduit reconstruction, and laser bladder tumour ablation. We have also contributed to trials of new systemic agents in advanced disease and in radiotherapy for bladder conservation.

Bladder Cancer Clinical Nurse Specialists at Guy's Hospital

The Guy's bladder cancer specialist nurse programme is supported by two clinical nurse specialists, Suzanne Amery and Kathryn Chatterton, who solely look after patients with bladder cancer. Sue Amery started working in the Urology Centre in 2008 and has developed a robust training schedule for intravesical therapies for the nurses and introduced Electromotive Device Assisted mitomycin (EMDA) to the trust. Both CNS's have committed to a Bladder cancer support group for the trust. Kathryn has been working in the department since 2003, establishing the nurse-led cystoscopy service and enhanced recovery service for cystectomy patients at Guy's. She also spent a year in Melbourne in 2009 where she established the first nurse-led flexible cystoscopy service in Australia.

Bladder Cancer faculty

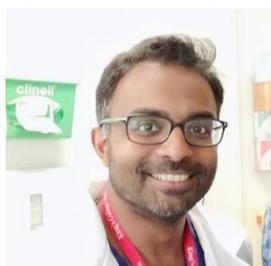


Fellowship Co-ordinators

Ms. Kathryn Chatterton, Bladder Cancer Clinical Nurse Specialist



Mr. Rajesh Nair, Consultant Urological Surgeon



Bladder Cancer Nurse Specialists

Ms. Kathryn Chatterton

Ms. Sue Amery

**Stoma Therapists**

Ms. Margaret Northover

Mr. Andreas Boddington

Research Nurses

Ms. Fidelma Cahill

Ms. Harriet Wylie

Physiotherapists

Ms. Lyndsey Abdunnassir

Dieticians

Ms. Rhianna Rout-Lysandrou

Anaesthetists

Dr. Sheela Badiger

Dr. Holly Chamarette

Dr. Ulka Vamadevan

Dr. Sangeeta Mahajan

Oncologists

Dr. Deborah Enting

Dr. Simon Hughes

Specialist Trainee in Clinical and Radiation Oncology

Proactive Care of Older People (POPS)

Dr. Jugdeep Desai

Specialist Trainee in POPS

Urological Surgeons

Professor. Shamim Khan

Mr. Ramesh Thurairaja

Mr. Rajesh Nair

Mr. Sachin Malde

Specialist Trainee in Urology

Fees

A course fee per week will be applied. This excludes accommodation and travelling expenses. Participants will be provided with a certificate at the end of their attachment. To find out the fee please contact us by emailing vpp@gstt.nhs.uk.

Registration and enquiries

To register for the Bladder Cancer Care Visiting Professional Programme please complete the application form at www.guysandstthomasevents.co.uk and return to:

Education and Events

Guy's and St Thomas' NHS Foundation Trust

Email: vpp@gstt.nhs.uk

Telephone: + 44 (0)20 7188 7188 extension 55865

Guy's and St Thomas' NHS Foundation Trust

Guy's and St Thomas' NHS Foundation Trust is one of the largest Foundation Trusts' in the UK. It consists of St Thomas' Hospital, Evelina London Children's Hospital and Guy's Hospital.

The Trust provides a full range of hospital services, as well as specialist services including cancer, cardiothoracic, women and children's services, kidney care and orthopaedics. Guy's is a major centre for cancer and renal services with the UK's largest kidney donor programme, and is also a leading centre for genetics, stem cell and allergy research and cleft lip and palate. St Thomas' is a leading centre for the treatment of cardiovascular disease, stroke, HIV and dermatology.

The Trust has one of the largest critical care units in the UK and one of the busiest A&E departments in London.

It has an annual turnover of £1.5 billion and employs around 16,200 staff.

Last year, the Trust handled 2.4 million patient contacts, including:

- 1.28m outpatients
- 89,000 inpatients
- 111,000 day case patients
- 205,000 emergency and urgent care attendances
- 810,000 in community services
- 6,567 babies delivered

The Trust has 665 beds at St Thomas', 288 at Guy's, 144 at the Evelina London Children's Hospital and 64 in the community.

NHS statistics show that our patient survival rates are nearly 25 per cent better than the national average. This is one of the lowest standardised mortality rates in the NHS and provides an important indication of the quality of care provided by our clinical staff.

In 2013, the Dr Foster Hospital Guide awarded us Trust of the Year for safe care.

Care Quality Commission (CQC) rating

Guy's and St Thomas' achieved a 'Good' overall rating by the Care Quality Commission (CQC) with several services rated 'Outstanding'.

CQC inspectors visited the Trust's hospital and community services from 7-10 September 2015 with further unannounced visits taking place later the same month.

In its report, the CQC praises staff who its inspectors found to be 'highly committed to the Trust and delivering high quality patient care'.



Guy's and St Thomas' NHS Foundation Trust values

Our values help us to define and develop our culture – what we do and how we do it.

Making people aware of the Trust values, making them part of our culture and demonstrating them through the organisation helps us develop a shared way of acting.

Our values are a key part of everything that we do as an organisation, from being included in staff job descriptions and in our publications, through to our work on leadership development and performance management. Our five values are listed below:



1. Put patients first
2. Take pride in what we do
3. Respect others
4. Strive to be the best
5. Act with Integrity

Every day we aim to provide the most exceptional care to our patients from dedicated staff who follow our five values. Take a look at our video at <http://gti/services/organisational-devt/values-behaviours/our-values.aspx> to see what our values mean to them.

Copyright © Guy's and St Thomas' NHS Foundation Trust 2018. All rights reserved.

No part of this document may be reproduced without written consent from the author.