



Visiting Professional Programme: Photodermatology

Introduction

The Photodermatology Visiting Professional Programme has been designed by leading consultants at Guy's and St Thomas' NHS Foundation Trust. The programme offers international visiting professionals the opportunity to experience our cutting edge photodermatology services. We aim to provide a unique development experience which broadens visiting professional's clinical education and enables them to learn new skills that can be transferred back to their work place.

The programme offers an unrivalled opportunity to benefit from world class dermatological knowledge from the largest clinical dermatology department in the UK.

Who should attend?

This programme is intended for non U.K. registrars, fellows and consultants who wish to learn about our cutting edge photodermatology and Xerodermic Pigmentosum services.

This will be a practical attachment and those wishing to apply must have GMC registration. You can apply for GMC registration directly through the main GMC website (www.gmc-uk.org), alternatively The Royal College of Physicians run a medical training initiative which facilitates GMC registration and provides sponsorship for a Tier 5 visa. You can find out more about their Medical Training Initiative by visiting their website (www.rcplondon.ac.uk/education-practice/advice/medical-training-initiative).

Duration

We are able to offer visiting professional programmes from 4 weeks to 3 months. The programme's duration can be tailored to the specific learning requirements of those visiting the Trust.

Format

The programme is delivered within the hospital work place and it includes exposure to clinics, internal teaching meetings, and cutting edge treatments.

Visiting professionals will be aligned with supervisors from within the team who will ensure that all of the learning and development needs and expectations are met.

The programme gives the opportunity for participants to be totally integrated with the day to day service within our photodermatology team.

Overall aims

The programme is aimed at those who wish to extend their experience in photodermatology and who wish to gain an understanding of the way this is practiced and organised within the NHS.

The programme aims to include:

- Direct experience and exposure to one of few Photodermatology departments in the UK
- The opportunity to spend time with and gain learning insight from our expert team
- Opportunities to attend our in-house teaching sessions for dermatologists
- Opportunities to attend our multidisciplinary team meetings (MDM)
- The opportunity to develop and extend visitors' work portfolios by gaining experience of observing one of the largest teaching hospitals in Central London, whilst gaining direct insight into the workings of the NHS
- Ample opportunities to get involved with short quality improvement projects during your visit

Sample timetable

Day	AM	PM
Monday	Phototherapy/vitiligo clinic	
Tuesday	Phototesting/phototherapy clinic	Photobiology clinic
Wednesday		Phototesting clinic
Thursday	Phototesting clinic (alternate weeks)	Grand Round and other clinical meetings
Friday		

Photodermatology service

Guy's and St Thomas' Photodermatology unit has two functions:

For the diagnosis, specialist investigation and treatment of patients who suffer skin disorders caused by sunlight, including:

- Polymorphic light eruption
- Actinic prurigo
- Chronic actinic dermatitis
- Cutaneous porphyria
- Xeroderma pigmentosum.

We offer a highly specialist service including complex diagnostic testing (Phototesting) which, due to its complexity and technical difficulty, is available at very few centres nationally. We also provide a national cutaneous porphyria clinical service, and a national xeroderma pigmentosum clinical service.

Phototherapy service

The Dowling Phototherapy Unit is a clinical unit within the Bermondsey Centre at Guy's and St Thomas Hospital and is designed to provide the full range of phototherapy, with ultraviolet light being used to treat patients with skin diseases including:

- Psoriasis
- Eczema
- Vitiligo
- Polymorphic light eruption.

In addition to all the regional and whole body therapies with PUVA, and narrowband UVB, we are also one of two centres in England to provide high output UVA1 therapy, a valuable new treatment for a different set of skin diseases.

Our unit is also acting as the hub and lead for a network of phototherapy units in hospitals throughout south east England.

The unit also provides iontophoresis, a treatment for hyperhidrosis (excess sweating of hands and feet).

Research

We have an active research programme as part of the Biomedical Research Centre, and in collaboration with the King's College London (KCL) Photobiology Unit.

Photodermatology Faculty

Consultants

Dr R Sarkany, Head of Photodermatology

Dr Hiva Fassihi Consultant Dermatologist

Dr R Mahendran, Consultant Dermatologist

Dr L Novakovic, Consultant Dermatologist

Dr Adam Fityan, Consultant Dermatologist

Dr John Ferguson, Consultant Dermatologist

Dr Eleanor Higgins, Consultant Dermatologist

Clinical nurse specialist

Trish Garibaldinos

Photobiology and phototesting technician

Mrs Harsha Naik

Dr Susan Walker

Fees

A course fee per week will be applied. This excludes accommodation and travelling expenses. Participants will be provided with a certificate at the end of their attachment. To find out the fee please contact us by emailing vpp@gstt.nhs.uk.

Registration and enquiries

To register for the Photodermatology Visiting Professional Programme please complete the application form at www.guysandstthomasevents.co.uk and return to:

Education and Events

Guy's and St Thomas' NHS Foundation Trust

Email: vpp@gstt.nhs.uk

Telephone: + 44 (0)20 7188 7188 extension 55865

Guy's and St Thomas' NHS Foundation Trust

Guy's and St Thomas' NHS Foundation Trust is one of the largest Foundation Trusts in the UK. It consists of St Thomas' Hospital, Evelina London Children's Hospital and Guy's Hospital.

The Trust provides a full range of hospital services, as well as specialist services including cancer, cardiothoracic, women and children's services, kidney care and orthopaedics. Guy's is a major centre for cancer and renal services with the UK's largest kidney donor programme, and is also a leading centre for genetics, stem cell and allergy research and cleft lip and palate. St Thomas' is a leading centre for the treatment of cardiovascular disease, stroke, HIV and dermatology.

The Trust has one of the largest critical care units in the UK and one of the busiest A&E departments in London.

It has an annual turnover of £1.2 billion and employs 13,500 staff.

Last year, the Trust handled over 2 million patient contacts, including:

- 1.07m outpatients
- 85,000 inpatients
- 88,000 day case patients
- 192,000 accident and emergency attendances
- 859,000 in community services
- 6,847 babies delivered

The Trust has 665 beds at St Thomas', 288 at Guy's, 144 at the Evelina London Children's Hospital and 64 in the community.

NHS statistics show that our patient survival rates are nearly 25 per cent better than the national average. This is one of the lowest standardised mortality rates in the NHS and provides an important indication of the quality of care provided by our clinical staff.

In 2013, the Dr Foster Hospital Guide awarded us Trust of the Year for safe care.

Care Quality Commission (CQC) rating

Guy's and St Thomas' achieved a 'Good' overall rating by the Care Quality Commission (CQC) with several services rated 'Outstanding'.

CQC inspectors visited the Trust's hospital and community services from 7-10 September 2015 with further unannounced visits taking place later the same month.

In its report, the CQC praises staff who its inspectors found to be 'highly committed to the Trust and delivering high quality patient care'.



Guy's and St Thomas' NHS Foundation Trust values

Our values help us to define and develop our culture – what we do and how we do it.

Making people aware of the Trust values, making them part of our culture and demonstrating them through the organisation helps us develop a shared way of acting.

Our values are a key part of everything that we do as an organisation, from being included in staff job descriptions and in our publications, through to our work on leadership development and performance management. Our five values are listed below:

1. Put patients first
2. Take pride in what we do
3. Respect others
4. Strive to be the best
5. Act with Integrity

Every day we aim to provide the most exceptional care to our patients from dedicated staff who follow our five values. Take a look at our video at <http://gti/services/organisational-devt/values-behaviours/our-values.aspx> to see what our values mean to them.



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