



Programme Topics

**Speaker to be released soon*

Thursday 17 May 2018

09:00 – 17:30

Update on respiratory sleep

Update on non-respiratory sleep

Paediatric sleep scoring in the UK

Sleep for healthcare professionals

Mindfulness for sleep

Workshop 1: Sleep staging

Workshop 2: Telemonitoring

Workshop 3: Actigraphy

Friday 18th May 2018

09:00 – 15:00

Diagnosis: Practicalities, pitfalls and pragmatism

OSA on CPAP but still sleepy – what to consider?

Workshop 4: Paediatric sleep studies

Workshop 5: Introduction to CBTi

Workshop 6: Transition clinic case studies