



Visiting Professional Programme: Paediatric Urology

Introduction

The Guy's and St Thomas' NHS Foundation Trust Paediatric Urology Visiting Professional Programme (VPP) is designed to provide international visiting professionals with the opportunity to experience first-hand our tertiary paediatric urology service, which specialises in posterior urethral valves, kidney stones, adolescent and antenatal care (through links with King's College Hospital's antenatal department) and bladder dysfunction. The programme offers a unique chance to be fully integrated within a service which is at the forefront of clinical activity, training and research.

The programmes are designed by our clinical leads to provide unique development experiences which enable visiting professionals to broaden their clinical expertise and learn new skills that can be transferred back to their work place. We are excited to deliver exclusive access to observe and work alongside our paediatric nephro-urology faculty and to provide an opportunity for international professionals to gain insight into our Trust and the role that our staff play within the NHS.

Who should apply?

This programme is intended for non-U.K. senior residents or attending consultants with an interest in paediatric urology.

Visitors have the choice of applying for a hands-on attachment or observership programme. Those wishing to apply for a hands-on attachment must have GMC registration. You can apply for GMC registration directly through the main GMC website (www.gmc-uk.org), alternatively The Royal College of Physicians run a medical training initiative which facilitates GMC registration and provides sponsorship for a Tier 5 visa. You can find out more about their Medical Training Initiative by visiting their website (www.rcplondon.ac.uk/education-practice/advice/medical-training-initiative).

Duration

It is recommended that in order to get the most out of the Paediatric Urology programme, that visiting professionals undertake an observership placement of at least 6 weeks. However, the programme's duration can be tailored to the specific learning requirements of those visiting the Trust.

Format

The Paediatric Urology programme is delivered within the hospital work place and it includes exposure to clinics, inpatient ward rounds, multidisciplinary team meetings, depending on the length of programme that visitors request.

Visiting professionals will be aligned with supervisors from within the clinical teams who will facilitate agreed learning and development needs. We would expect visiting professionals to be totally integrated in the day to day service within our paediatric urology team.

We will also provide visitors with the opportunity to get involved in research and improvement projects.

Overall aims

The programme is aimed at those who wish to extend their clinical expertise in paediatric urology within Evelina London Children's Hospital.

The aims of the programme include:

- The opportunity to have direct experience and exposure to theatre, clinics and ward rounds at a unique paediatric urology centre
- Participation in multidisciplinary team meetings
- Access to departmental and national seminars and teaching sessions
- The opportunity to develop networks and close links for future close working relations through peer mentorship throughout the programme from a named mentor
- The opportunity to complete speciality projects and research with a view to submission for peer review

Individual weekly timetables will be created depending on each visiting professional's requirements.

Sample timetable

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|---|---|---|---|
| AM | 08:30 – 09:30 Young Onset Urology (YOU) clinic (1 st Mon of the month) | 08:30 – 09:30 MDT Meetings – Urology, Nephrology and Radiology 10:30 – 12:30 Department teaching | 08:30 – 09:30 Transplant – Nephology/Urology (4 th Weds of the month) 08:30 – 16:30 Theatre (Kalpana Patil) 09:30 – 11:30 General Urology clinic (Every Weds apart from 3 rd Weds) 09:30 – 12:30 Complex Urology clinic (3 rd Wednesday of the month) | 08:30 – 18:30 Theatre 08:30 – 09:30 Adult Functional Urology meeting (1 st 3 rd Thurs of the month) | 08:30 – 16:30 Theatre (including Stone operations in the AM twice a month) (Arash Taghizadeh) 09:00 – 11:30 Perinatal clinic (2 nd and 3 rd Fri of the month) 09:00 – 13:00 Anorectal Malformation VACTERL clinic (Once a month) |
| PM | 13:30 – 16:30 Young Onset Urology (YOU) clinic (3 rd Mon of the month) 14:00 – 16:00 Hypospadias clinic (Once a month) 14:00 – 16:30 Foreskin clinic (Twice a month) | 13:30 – 16:30 Joint Endocrine Urology clinic (Once every 4 months) 13:30 – 16:30 General Urology clinic (Every week) | 13:30 – 16:30 Stone clinic (4 th Weds of the month) 13:30 – 16:30 Posterior Urethral Valves (PUV) clinic (Twice a month) | | 13:30 – 16:30 Posterior Urethral Valves (PUV) clinic (Twice a month) 16:00 – 17:30 Urodynamics MDT |

Paediatric Urology service

Our urology service provides specialist care for children with kidney, bladder and genitalia problems from all over the UK and internationally. Our team works closely with the kidney and bladder department.

Many of the children cared for by our specialist team will have been diagnosed before they were born with many others developing kidney and bladder problems during their childhood. We treat children from prenatal scanning right up to the move to adult care.

The service specialises in prenatally diagnosed urinary tract problems (e.g. hydronephrosis, cystic kidneys), posterior urethral valves, genital abnormalities (e.g. hypospadias), bladder problems (e.g. urinary incontinence), renal stones and pre and post-renal transplant management.

Our paediatric nephro-urology service

- Cares for children throughout their childhood into adulthood
- Offers both outpatient and inpatient services for planned and emergency treatment
- Has a dedicated chronic kidney disease service
- Has integrated dialysis facilities, offering both peritoneal dialysis (home based) and haemodialysis (hospital based)
- Offers renal transplantation services

Beach, the paediatric renal and urology inpatient floor contains 18 beds, including four cubicles for children with infections that may need isolation. Crab zone, the integrated dialysis unit is located on Beach. The inpatient service is covered by one consultant nephrologist and a consultant urologist on call on a weekly basis

Research

We are actively involved in research projects and clinical trials to improve urology treatment. One of our current projects is on regenerative medicine with the aim of developing a tissue engineered bladder for children who need complex bladder reconstruction.

Clinics

- General urology clinic
- Posterior urethral valves (PUV) clinic
- Foreskin clinic
- Complex urology clinic
- Young onset urology clinic – for children and young adults whose care is moving to adult services.
- Perinatal clinic – a specialist clinic for conditions detected whilst having an ultrasound when pregnant.
- Anorectal malformation VACTERL clinic
- Telephone clinic
- Stone clinic
- Joint endocrine urology clinic – a specialist clinic for children with both urological and endocrine conditions.
- Hypospadias clinic

Faculty

Consultants

Mr Massimo Garriboli – consultant paediatric urologist



Mr Massimo Garriboli graduated in medicine at the University Vita-Salute San Raffaele, Milan in 2003. He trained in children's surgery and children's urology in Italy and Spain and undertook a two-year fellowship in children's urology at Great Ormond Street Hospital.

Massimo is an honorary senior lecturer at King's College London.

Since 2010, in collaboration with Professor Paolo De Coppi at University College London, he has been working on amniotic fluid-derived stem cells and tissue engineering.

Massimo's interests are focussed on bladder replacement and recently, he has obtained a research grant for a project entitled 'autologous cell engineered bladder augmentation'.

Ms Kalpana Patil – consultant paediatric urologist



Kalpana Patil has considerable experience working in children's urology and has been practicing this specialty in Guy's and St Thomas' NHS Foundation Trust as a consultant for the past eleven years.

Her experience spans three decades and Kalpana has gained international experience in three different countries; India, Saudi Arabia and the United Kingdom.

She works closely with other south London children's urology services and provides comprehensive care and services for patients from prenatal through to adolescence stages.

Mr Arash Taghizadeh – consultant paediatric urologist



Mr Arash Taghizadeh began working at Evelina London Children's Hospital in April 2008. He completed his urology training in the south Thames Region of London.

Arash was responsible for setting up the children's kidney stone service at Evelina London, run with Jonathan Glass and Manish Sinha. He also runs specialist clinics for children with complex urology problems, plus a joint clinic.

Arash also runs a specialist clinic at Guy's Hospital (the Young Onset Urology clinic) with Jonathon Olsburgh and Claire Taylor. This is for adults who have had urology conditions as children.

Other staff

Janice Kennedy – surgical admissions co-ordinator
George Lenon – service manager

Fees

A course fee per week will be applied. This excludes accommodation and travelling expenses. Participants will be provided with a certificate at the end of their attachment.

Registration and enquiries

To register for the Visiting Professional Programme – Paediatric Urology please complete the application form at www.guysandstthomasevents.co.uk and return to:

Education and Events

Guy's and St Thomas' NHS Foundation Trust
vpp@gstt.nhs.uk

Telephone: + 44 (0)20 7188 7188 extension 55865

Guy's and St Thomas' NHS Foundation Trust

Guy's and St Thomas' NHS Foundation Trust is one of the largest Foundation Trusts' in the UK. It consists of St Thomas' Hospital, Evelina London Children's Hospital and Guy's Hospital.

The Trust provides a full range of hospital services, as well as specialist services including cancer, cardiothoracic, women and children's services, kidney care and orthopaedics. Guy's is a major centre for cancer and renal services with the UK's largest kidney donor programme, and is also a leading centre for genetics, stem cell and allergy research and cleft lip and palate. St Thomas' is a leading centre for the treatment of cardiovascular disease, stroke, HIV and dermatology.

The Trust has one of the largest critical care units in the UK and one of the busiest A&E departments in London.

It has an annual turnover of £1.2 billion and employs 13,500 staff.

Last year, the Trust handled over 2 million patient contacts, including:

- 1.07m outpatients
- 85,000 inpatients
- 88,000 day case patients
- 192,000 accident and emergency attendances
- 859,000 in community services
- 6,847 babies delivered

The Trust has 665 beds at St Thomas', 288 at Guy's, 144 at the Evelina London Children's Hospital and 64 in the community.

NHS statistics show that our patient survival rates are nearly 25 per cent better than the national average. This is one of the lowest standardised mortality rates in the NHS and provides an important indication of the quality of care provided by our clinical staff.

In 2013, the Dr Foster Hospital Guide awarded us Trust of the Year for safe care.

Care Quality Commission (CQC) rating

Guy's and St Thomas' achieved a 'Good' overall rating by the Care Quality Commission (CQC) with several services rated 'Outstanding'.

CQC inspectors visited the Trust's hospital and community services from 7-10 September 2015 with further unannounced visits taking place later the same month.

In its report, the CQC praises staff who its inspectors found to be 'highly committed to the Trust and delivering high quality patient care'.

Guy's and St Thomas' NHS Foundation Trust values

Our values help us to define and develop our culture – what we do and how we do it.

Making people aware of the Trust values, making them part of our culture and

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demonstrating them through the organisation helps us develop a shared way of acting.

Our values are a key part of everything that we do as an organisation, from being included in staff job descriptions and in our publications, through to our work on leadership development and performance management. Our five values are listed below:

1. Put patients first
2. Take pride in what we do
3. Respect others
4. Strive to be the best
5. Act with Integrity

Every day we aim to provide the most exceptional care to our patients from dedicated staff who follow our five values. Take a look at our video at <http://gti/services/organisational-devt/values-behaviours/our-values.aspx> to see what our values mean to them.

Evelina London



Evelina London provides comprehensive health services from before birth, throughout childhood and into adult life.

Our community services care for children and families in Lambeth and Southwark. Our children's hospital not only cares for local families but also provides an extensive range of specialist services for children with rare and complex conditions from across south London, Kent, Surrey and Sussex.

Located on the St Thomas' hospital site, our award winning children's hospital building opened in 2005 and brought together Guy's and St Thomas' children's services. We have a long heritage in children's healthcare, the original Evelina Hospital for Sick Children opened in 1869.

Our Mission is to improve the lives of children and young people by:

- Providing consistently outstanding, life-enhancing healthcare.
- Educating and training people to deliver effective child-centred care and treatment.
- Undertaking research that adds to knowledge about how to improve child health and changes practice.

Evelina London is the second largest provider of children's services in London. We have 167 inpatient beds, 20 paediatric intensive care beds, 52 neonatal cots, six operating theatres and a kidney dialysis unit. We also have both cardiac and labour wards alongside the ICU units, which is rare.

Evelina London Children's Hospital was the first children's hospital in England to be rated as 'Outstanding' by the CQC. Community services were rated 'Good' putting them in the top 33% of children's community services nationally.

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