



International Conference: Clinical Update Sleep 2016

26 February 2016
London, UK



KING'S HEALTH PARTNERS

An Academic Health Sciences Centre for London

	SELIGMAN ROOM (Lower Ground Floor)	SLOANE ROOM (1st Floor)
08.15-08.55	Registration	
08.55-09.00	Welcome	
09.00-10.30	<p>SLEEP-DISORDERED BREATHING I (Focus: Upper Airway)</p> <p>09:00 – 09:30 Bhik Kotecha <i>ENT aspects of OSA</i></p> <p>09:30 – 10:00 Hui-leng Tan <i>Obstructive sleep apnoea in children</i></p> <p>10:00 – 10:30 Olivier Vanderveken <i>Hypoglossal nerve stimulation</i></p>	<p>INSOMNIA and CIRCADIAN RHYTHM DISORDERS</p> <p>09:00 – 09:30 Dieter Riemann <i>Update in insomnia</i></p> <p>09:30 – 10:00 Alexander Nesbitt <i>Circadian rhythm disorders</i></p> <p>10:00 – 10:30 Hugh Selsick <i>Mindfulness and insomnia</i></p>
10.30-11.00	Coffee break	
11.00-12.30	<p>HYPERSOMNIA</p> <p>11:00 – 11:30 Guy Leschziner <i>Narcolepsy and other hypersomnias</i></p> <p>11:30 – 12:00 Alex Iranzo <i>Treatment of narcolepsy</i></p> <p>12:00 – 12:30 Ian Smith <i>Residual excessive sleepiness</i></p>	<p>WORKSHOP I (CPAP)</p> <p>Chairs: Richard Brown & Julia Chapman</p>
12.30-13.30	Lunch and Poster Session	
13.30-15.00	<p>SLEEP-DISORDERED BREATHING II (Focus: Comorbidities)</p> <p>13:30 – 14:00 Walter McNicholas <i>COPD and sleep apnoea</i></p> <p>14:00 – 14:30 GianPaolo Rossi <i>Sleep apnoea and hypertension</i></p> <p>14:30 – 15:00 Ivana Rosenzweig <i>Cognitive function and sleep apnoea</i></p>	<p>PARASOMNIA</p> <p>13:30 – 14:00 Juliane Winkelmann <i>Restless legs syndrome</i></p> <p>14:00 – 14:30 Paul Reading <i>Non-REM sleep parasomnias</i></p> <p>14:30 – 15:00 Wolfgang Oertel <i>REM Sleep behavior disorder – a potential gateway to prevention of Parkinson syndromes?</i></p>
15.00-15.30	Coffee break	
15.30-16.50	<p>HOT TOPICS and CLINICAL TRIALS</p> <p>15:30 – 15:50 Patrick Murphy <i>Update on trials of hypercapnic respiratory failure</i></p> <p>15:50 – 16:10 Helmut Teschler <i>The SERVE HF trial</i></p> <p>16:10 – 16:30 Sophie West <i>Sleep apnoea and the eyes – update on the ROSA trial</i></p> <p>16:30 – 16:50 Brian J Murray <i>The H1N1 virus and narcolepsy</i></p>	<p>WORKSHOP II (Polysomnography)</p> <p>Chairs: Sean Higgins</p>
16.50-17.00	Take Home Message / Certificates	